November
Family History Month

Family history refers to health information about you and your close relatives.

www.dhss.mo.gov/FamilyHistory

Family history is one of the most important factors for health problems like heart disease, stroke, diabetes and cancer.

Public Health

genes + family + environment + lifestyle

Knowing the risk factors of certain diseases that run in your family can help you plan for a healthier life.

Missouri Department of Health and Senior Services • Bureau of Genetics and Healthy Childhood